

**CONSULTATION, SPECIALISATION &  
EXCELLENT INTEGRATED SERVICES**

**Stroke Rehabilitation**

.. for stroke of a wide range of severity; from mild to minimally conscious state. Earliest possible referral to Rehabilitation Physician ensures maximisation of potential functional recovery.

**Pediatric Neurodevelopmental Rehabilitation**

.. following brain damage due to congenital defect, injury or illness in children. Neuronal plasticity is the basis of neurodevelopmental rehabilitation which may promote functional potential beyond our imagination.

**Spinal Cord Injury Rehabilitation**

.. following spinal cord damage due to birth defect, injury or illness.

**Amputee Rehabilitation**

.. for people who have suffered loss of limbs from birth, through illness like diabetes mellitus or trauma. A comprehensive service include prosthetics & early restoration of walking for normalisation of individual lifestyle.

**Musculoskeletal Rehabilitation**

.. designed for people with muscle & joint-related problems e.g. back pain, osteoarthritis, rheumatoid arthritis, other types of arthritis, flat foot, sports-related injuries & problems etc.

**Diabetic Foot Rehabilitation**

.. primarily aimed at salvaging limbs from being amputated as well as management of corns, calluses & ulcers, prevention of complications of Diabetes Mellitus and holistic rehabilitation programme, working towards fitness & healthy lifestyle.

**Geriatric Rehabilitation**

.. for older patients with multiple medical issues who often present with a recent onset of medical, surgical or orthopaedic problem.

**Health Tourism**

.. for international students enrolled in Sunway College & for tourists to the Sunway complex , etc. who may require rehabilitation treatment particularly for the above-mentioned conditions.

New integrated programmes e.g. Sports Rehabilitation & Oncology Rehabilitation are currently being developed.

Contact us at  
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# REHABILITATION MEDICINE



REHABILITATION

Rehabilitation aims to restore an optimum level of function & independence or lessen dependency following temporary or permanent disability due to illness, injury or birth defect.



# To Live.. To Work.. To Play.. To the Lifestyle of your Choice!



## WORLD CLASS REHABILITATIVE CARE

*The Sunway Medical Center Rehabilitation Medicine Department is a world class department in itself. Located on the Lower Ground floor of the building, it provides state-of-the-art physician led rehabilitation service with emphasis on integrated patient-orientated care through an interdisciplinary team approach.*



## REHABILITATION MEDICINE..

... is a medical speciality that provides holistic care of patients who have a disability which can potentially be rehabilitated to regain function. An interdisciplinary approach is used & a comprehensive range of rehabilitation services is provided to ensure individualized patient care throughout the rehabilitation process.

## A REHABILITATION PHYSICIAN..

... is a medical specialist who is trained & accredited in Rehabilitation Medicine. He/she is an expert who can provide unique care of patients through a rehabilitation process of evaluation, investigative procedures, interdisciplinary reviews, goal-setting, therapeutic interventional plans & their implementation. The focus on functional goals ensures patient & family work closely with the rehabilitation team which is led by the Rehabilitation Physician.

Our Consultant Rehabilitation Physician is **Dato' Dr. Zaliha Omar**, who has had more than 25 years experience in the rehabilitation medicine speciality. The rehabilitation team comprises the following:

- ✿ **Rehabilitation Physician**  
The team leader & the member responsible for collaborating with other medical specialists
- ✿ **Physiotherapist**
- ✿ **Occupational Therapist**
- ✿ **Speech pathologist & therapist**
- ✿ **Dietician**
- ✿ **Psychologist**
- ✿ **Prosthetist & Orthotist**
- ✿ **Diabetic Foot Care Nurse**
- ✿ **Nurse**
- ✿ **Others**

## UNMATCHED CARE

Rehabilitation Medicine provides exceptional holistic care utilising a comprehensive range of services including the following:

- ✿ Clinical evaluation & subsequent management, in constant liaison with the primary physician & co-managers where applicable
- ✿ Functional evaluation & therapeutics at personal, domestic and community levels including the following aspects:
  - ✿ Physical, Psychological & Social
- ✿ Prescription & supervised therapeutic exercise programmes
- ✿ Environmental evaluation & modification including:
  - ✿ Home
  - ✿ Work
  - ✿ School
- ✿ Prescription & training in the use of appropriate Technological Aids including
  - ✿ Wheelchairs
  - ✿ Other mobility aids
  - ✿ Prostheses
  - ✿ Orthoses
  - ✿ Prescription Therapeutic Shoes
  - ✿ Alternative & Augmentative Communication
  - ✿ Adaptive devices
  - ✿ Others
- ✿ Healthy lifestyle & fitness programmes form part & parcel of rehabilitation medicine management of patients referred to the department.