



The Dietetics & Nutrition Services at Sunway Medical Centre is where we, a team of qualified and dedicated dietitians, work to improve the lives we touch.

We encourage the community of all ages to maintain optimal health and assist individuals to recover from illnesses, by ensuring good nutritional status through a diet tailored to personal needs.



Diet, Nutrition & Health for All Stages of Life



Sunway Medical Centre Berhad (341855-x)
No. 5 Jalan Lagoon Selatan, Bandar Sunway,
46150 Petaling Jaya, Selangor Darul Ehsan, Malaysia.
Tel: 03 7491 9191 Fax: 03 7491 8181
www.sunway.com.my/sunmed



Diet Management for All Ages

Newborn, childhood and adolescence:

- Healthy baby
- Weaning diet
- Allergy and food intolerance
- Delayed in growth
- Weight problem
- Picky eaters

Pregnancy and lactation:

- Preparing for pregnancy
- Nutrition during pregnancy
- Diabetes in pregnancy
- Diet for breast-feeding mother

Adulthood and elderly:

- Heart, kidney, digestive and liver diseases
- Metabolic syndrome
- Diabetes (Type 1 and Type 2)
- High blood pressure
- High blood cholesterol
- Nutrition build-up for malnourished individuals
- Nutrition before and after surgery
- Cancers
- Swallowing difficulties
- Weight management
- Eating disorders
- Vegetarian diet
- Sports nutrition



Professional Dietetics & Nutrition Services

We provide a range of professional services to clients and the community:

One-to-One consultations (with or without care givers)

- Personalized nutrition assessment
- Diet therapy and monitoring
- Food intake analysis

Nutrition and diet therapy in ward

- Nutritional risk screening
- Individualized meal plan for critically-ill and elderly
- Bed-side diet counseling
- Tube-feeding and parenteral nutrition support
- Nutrition and diet planning for home care

Support Group Programs

- LEAN Club™ workshop and camp for childhood obesity
- Nutrition workshop for prevention of End-Stage kidney disease



Institution Activities

- Staff health and nutrition screening program
- Diet and nutritional health talks
- Menu and nutrition audit for food operators at childcare centre, nursing home, school, factory or workplace
- Food and nutrition courses for food services



Products Available at Dietetics & Nutrition Services

- Medical nutrition formulae
- Blood glucose monitoring kits
- Step counters (pedometer)



Reminders

For an effective provision of our services, please bring along all relevant medical documents and/or a referral letter from your doctor(s) or health professionals. Follow up visits may be arranged.

You are encouraged to make appointment before the visit.

Contact our main office for any enquiry.

Dietetics & Nutrition Services, Sunway Medical Centre

Phone: 03 7491 9191

Email: dietetics_sunmed@sunway.com.my

Fax: 03 7491 8181